

V Vegetarian
H Halal (HMC approved)

Week 1

Monday

Chicken Pie or Chicken Pie H
Tender Pieces of Chicken Breast in a Tasty Gravy

Roast Vegetable Bake *Oven Roasted Vegetables in a Rich Tomato, Herb & Garlic Sauce, topped with Golden Breadcrumbs V*

New Potatoes, Mashed Potato, Seasonal Vegetables, Seasonal Salad Bar, Homemade Bread Selection

Homemade Ice-Cream served with a Fruit Coulis

Tuesday

Hunters Chicken *Chicken Breast or Chicken Breast H topped with Cheese, Served in a BBQ Sauce or Homemade Breaded Chicken Strips*

BBQ Bake *Tender pieces of Quorn served in a BBQ sauce topped with Cheese V*

Herby Diced Potatoes or Boiled Rice, Golden Sweetcorn, Roasted Vegetable Medley, Seasonal Salad Bar, Homemade Granary Bread

Tiger Sponge with Orange Icing & Custard

Wednesday

Roast Beef or Roast Chicken H & Yorkshire Pudding *Served with a Rich & Tasty Gravy*

Oven Roast Vegetables *Served in a Yorkshire pudding & topped with Mature Cheddar V*

Crisp Roast Potatoes, Light & Fluffy Mash, Roast Parsnips, Fresh Baton Carrots, Fresh Broccoli, Garden Peas, Homemade Bread Selection

Fruit Tart topped with a Swirl of Cream

Thursday

Big Breakfast - Bacon, Sausage, Sausage H, Scrambled Egg, Vegetarian Sausage & Scrambled Egg V

Oven Baked Potato Smiles, Mushrooms, Plum Tomatoes, Baked Beans, Seasonal Salad Bar, Homemade Bread Selection

Golden Shortbread Biscuit served with Milkshake

Friday

Jumbo Cod Fish Finger *Fillet of Fish Coated in a Crispy Breadcrumb or Salmon Fishcake*

Cheese & Onion Egg Flan V

Chips or Boiled Potatoes, Garden Peas, Mushy Peas, Fresh Baton Carrots, Seasonal Salad Bar, Homemade Bread Selection

Fruit Topped Cheesecake on a Biscuit Base



Week 2

Monday

Traditional Oven Baked Sausage or Sausage H *Served on a bed of Creamed Potato, topped with a Rich & Tasty Gravy*

Linda McCartney Vegetarian Sausage *Served with Vegetarian Gravy V*

Creamed Potato, Garden Peas, Fresh Baton Carrots, Seasonal Salad Bar, Homemade Bread Selection including Granary

Pear & Chocolate Sponge Served with Chocolate Sauce

Tuesday

Make your own Pizza *Using a Rich 5 a day Tomato Sauce & low fat Mature Cheddar Cheese V Toppings - Pepperoni, Ham & Pineapple*

Mixed Bean Mushroom & Tomato Pasta Bake V

Crispy Jacket Wedges, Baked Beans, Big Salad Bar - Fresh Green Salad, Pasta Salad, Coleslaw, Homemade Bread Selection

Homemade Iced Fruit Muffin Selection

Wednesday

Roast Pork Sage & Onion Stuffing & Apple Sauce or Roast Chicken H *with a Rich & Tasty Gravy*

Quorn Parcels *Diced Quorn & roast vegetables encased in puff pastry V*

Crisp Roast Potatoes, Light & Fluffy Swede & Potato Mash, Oven Roast Parsnips, Fresh Baton Carrots, Fresh Broccoli/ Cauliflower, Garden Peas, Homemade Bread Selection

Strawberry & Chocolate Mousse topped with a Swirl of Cream

Week 3

Thursday

Pasta Bar with a choice of toppings Italian Bolognese or Lamb Bolognese H *Fresh Beef or Lamb Mince cooked in a Rich Tomato based Sauce*

Tuna Mayonnaise

Vegetarian Bolognese *Quorn Mince cooked in a Rich Tomato based Sauce V*

Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Bar, Garlic Bread

Fruit Crumble Served with Custard

Sandwich Bar
Available daily

Come dine with us

Friday

Jumbo Fish Finger *Fillet of Fish Coated in a Crispy Breadcrumb or Whitby Battered Fillet of Fish White Fillet coated in a light Batter*

Traditional Cheese and Potato Pasty V

Chips or Couscous, Baked Beans, Garden Peas, Sweetcorn, Seasonal Salad Bar, Ketchup & Mayo, Homemade Bread Selection

Homemade Fruity Apple Flapjack

Week 3

Monday

Beef Meatballs or Lamb Meatballs H *Served with a Rich Tomato Sauce or Onion Gravy*

Cheese and Tomato Pasta Bake V

Pasta Twists or Sweet Potato Wedges, Sliced Green Beans, Fresh Carrots, Seasonal Salad Bar, Homemade Bread Selection

Sticky Toffee & Banana Pudding & Custard

Tuesday

Chicken Curry or Chicken Curry H *Tender pieces of Chicken in a Light Curry Sauce*

Vegetarian Chilli *Quorn Mince cooked in a Rich Tomato Sauce V*

Wholegrain Rice or ½ Jacket Potato, Seasonal Vegetable Selection, Sambals - Tomato Wedges, Sliced Banana, Onion & Cucumber, Mint Yoghurt Dip, Seasonal Salad Bar, Naan Bread or Garlic Bread

Lemon Finger Biscuits

Wednesday

Roast Chicken or Roast Chicken H *Roast Chicken Breast, Sage & Onion Stuffing served with a Rich & Tasty Gravy*

Roasted Vegetable Pasta Bake *Roasted Mixed Vegetables with Pasta and a Garlic & Herb Sauce V*

Crisp Roast Potatoes, Creamed Sweet Potato Mash, Oven Roast Parsnips, Fresh Broccoli/ Cauliflower, Garden Peas, Homemade Bread Selection

Iced Cupcake Selection

Thursday

Go Large Cottage Pie or Shepherd's Pie (Lamb) H *Served with a Rich & Tasty Gravy*

Shepherdess Pie *Vegetarian Cottage Pie using Quorn Mince served with a Vegetarian Gravy V*

Fresh Cabbage, Fresh Baton Carrots, Sweetcorn, Seasonal Salad Bar, Homemade Bread Selection including Granary

Homemade Fruit Filled Danish Pastries

Friday

Whitby Battered Fillet of Fish *White Fillet coated in a light Batter or Jumbo Fish Finger* *Fillet of Fish Coated in a Crispy Breadcrumb*

Baked Jacket Potato Skins *Potato, Mushrooms & Spring Onion filled Potato skins topped with Cheese V*

Chips, Lemon Couscous, Mushy Peas, Baked Beans, Garden Peas, Seasonal Salad Bar, Ketchup & Mayo, Homemade Bread Selection

Iced Bakewell Tart & Strawberry Sauce

